



MARCH APRIL
2019
2020

ANNUAL REPORT

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About Us

The Croydon BME Forum was established on the 16th November 2003 with the aim to maximise the engagement of BME communities and provide opportunities for them to discuss and prioritise the key issues affecting them.

The forum aims to do this by connecting their voices with policy makers at local and national level so they factor them into their priorities when deciding upon, planning and delivering public services.

The Forum develops infrastructure and builds capacity for BME voluntary and community sector organisations and promotes equality, inclusion and diversity to create cohesion.

We work with our communities to:

- Ensure that they are involved in local policy and decision making; regeneration and neighbourhood renewal.
- Facilitate joint-working among BME communities to develop best practice and provide a unified BME voice within local strategic partnerships.
- Promote networking, collaboration and partnership between the BME voluntary sector and mainstream agencies building their organisational capacities.
- Engage with BME communities in all aspects of Croydon life.
- Encourage good race relations, community cohesion and equality of opportunity for all throughout Croydon.

In February 2020 we launched our biggest project to date, 'the Wellness Centre', a project that marks the proudest moment in our history so far 'The Wellness Centre'; a one-stop health and wellbeing service which works responsively and collaboratively with BME communities to ensure its voice is heard and their lives are empowered by identifying their needs and solutions to their problems.

CORE SERVICES

EQUALITY
AND COHESION



BUILDING
CAPACITY



EMPOWERING
COMMUNITIES



Chairs' Introduction

It gives me great pleasure to present the Annual Report for 2019/20. I hope you find it informative and interesting as we review our activities, achievements and highlight our future plans.

This has been an unprecedented year with the ongoing Covid-19 pandemic and the rise of the Black Lives Matter (BLM) movement. This has brought some challenges to the most vulnerable communities, which the BME Forum and key stakeholders have focused on and worked with to support. Whilst Covid-19 had a devastating impact on Charities, the outpouring of Charitable endeavours has served to remind us that charity is at the heart of support and it continues to strengthen our Community.

Reflecting on the past year, we have delivered an increased number of projects and achieved some amazing outcomes, which have had a positive impact on the lives of our BAME communities. We are proud of our achievements and new developments. The challenges for the Board of Trustees and staff will be to strengthen the work being undertaken for the BAME communities, focusing on the level of help and improvement we can influence across the Borough. There remain considerable challenges for the Public and Third sector Voluntary Services as we continue to experience the impact of the past unprecedented year.

As a charity we are proud of what we have achieved. All of our staff and the Board are excited by the potential to build upon our current successes to enhance future support. All our achievements are a reflection of the hard work and dedication of the CEO, staff and Board of Trustees.

We are grateful to our stakeholders, supporters and volunteers, and look forward to their continued support.

As we look to the future beyond Covid-19 and BLM, it will be essential that we continue to work together to build good, sustainable systems and services so Charities and communities can play a key role in building local resilience and a community for all.

Paulette Lewis MBE,
Chair - Croydon BME Forum



CEOs' Introduction

One year. Numerous projects. And at the heart of it all: The Croydon BME Forum. We have developed new partnerships, expanded on existing partnerships and worked with people of different ages, ethnicities and backgrounds.

The hard work and dedication of our team made up of full-time workers, members of staff, seasonal workers and volunteers has been invaluable. Their diligence and commitment to this important social purpose despite the challenging environment is commendable and I would like to offer my thanks to all of our team. I would also like to thank all of our members who engaged with the BME Forum throughout the year; it has been a great pleasure to serve the community through our various workshops and activities.

This has been an exciting year for us with the launch of the Wellness Centre; a safe and comfortable space for all adults to receive confidential free wellness information, strengthening our relationship with the community. Many thanks are due to the funders and supporters that made this possible and the support from the Whitgift Centre to allow us to use this building for this new incredible idea.

We have also had many projects and events running through the year. Most notably the Cut it Out event where over 1500 people attended this awareness campaign on knife crime and our Croydon Has Talent event where we hosted over 600 people in an engaging interactive performance, bringing the community together to celebrate talent. As always, one of our highlights of the year is celebrating Black History Month. This year's theme was R.I.D The Stigma (Representation. Identity. Diversity) which focused on young people identifying who they are, incorporating diversity into all the different cultures and heritage to rid the stigma surrounding young Black people. This was achieved through a range of events encompassing performance, music, storytelling and engaging in thought-provoking discussions.

I would like to take this opportunity to thank the many people who were involved in our success.

Thank you to the main sponsors for their continued financial support.

Thank you to our clientele.

And thank you to the wonderful team.

I hope you enjoy reading this annual report and learning about the different projects the team have been hard at work curating over the last year for our BME community.

Andrew Brown
Chief Executive Officer



Photo Gallery 2019-2020



Wellness Centre

The Wellness Centre, in the heart of Croydon, provides a fully integrated service for BME communities all over the Borough of Croydon. The Centre provides counselling, support and signposting to those dealing with mental health issues, domestic abuse, financial abuse, isolation and those in need of social support groups, from the young to those who are young at heart.

We officially opened the Wellness Centre in February 2020, after months of hard work, during which we conducted outreach work with the local community. We received over 100 responses from the BME community in regards to their health and wellbeing. It was reassuring to know the strong support we have from the community for this service to exist, which only inspired us to keep working hard to ensure we could successfully set up and launch this venture.

The launch coincided with the onset of the Covid-19 pandemic and gave a new purpose and importance to the Wellness Centre, as people struggled with mental health issues as a result of isolation, bereavement, and a myriad of other issues they faced both collectively and alone; the Wellness Centre was able to cater to the needs of the community, by shopping for the elders when they were unable to leave the house for themselves, hosting online events to combat isolation and educating people on a range of topics that affect BME communities.

As society is slowly regaining a new normal, the Wellness Centre remains open, with staff at the ready to help those in need both in-person and online.



Croydon Has Talent

The Croydon Has Talent show was created as an opportunity for young people in Croydon to showcase their talents to the community. Over 500 audience members were in attendance at the show on the 17th of May 2019; 90% being young people and 10% adults. The Croydon BME Forum was an integral component in making this event a success.

Our communications team promoted and marketed the event through our social media channels. This included producing regular tweets and Instagram posts in order to interact and engage with a wider audience. We ensured to tag people of interest to grow our following and to make sure that we sold as many tickets as possible.

As a result of this, the Croydon Advertiser discovered the event and featured it on their 'What's On' page.

Multiple flyers were also designed and distributed by our team throughout each step as the event progressed. For example, the applying phase, audition dates phase and live show phase. In addition to the flyers, banners and posters were created and handed out at targeted locations (e.g. community organisations, libraries and shopping centers).

As well as contestants, entertainment was also provided by other acts including: Afro-Minis, an all-girls group of dancers, whose style of dancing is based on African culture and music. Also, Success in silence, a dance group of five with an urban touch dancing to modern hits.

Additionally, we saw performances from our guest judges Roger Samuels and Rai-Elle Williams sharing their talents and singing their most popular hits.

The event was sponsored by 'Choose Your Future', a campaign driven by young people, helping them to access great services and support.

We were also supported by 'Young Mayors Funding' – aimed at projects that provide all the young people with opportunities for skills growth and learning for life.



Cut it Out

The CUT it Out (Croydon Unites Together) 2019 event was created to develop cohesion, collaboration, and community commitment. Knife crime is affecting all areas of our society despite class, race, age or gender. Thus, we targeted young people aged 10 – 25, parents and carers, and service providers within the community to develop lines of communication in a positive engaging environment. We aimed to make young people and parents aware of the support systems available within the community if ever a young person felt at risk.



Croydon Unites Together was promoted through various forms of media inclusive of a website, printed marketing, and social platforms. The website was launched in March 2019 and included the purpose behind the event, and details regarding what could be expected on the day such as the charity football match, stalls, competitions, and workshops. Using the website, all members of the community could order their tickets; apply to play in one of our teams, host a stall, or a workshop.

Social media platforms used to promote the event included WhatsApp, Instagram, and Twitter; all of which were updated continuously with details regarding Cut It Out 2019. Videos and photographs promoting the event were created by members of the community and public figures such as Sarah Jones MP and the Mayor of Croydon.

Cut It Out 2019 achieved an attendance of 1000+ people inclusive of young people, parents and carers, the Metropolitan police, local councillors, and community organisations. Amongst these 1000+ people, we had 170 players divided between 10 teams, 2 females' teams and 8 male teams.

In addition, Snapchat was also utilised at the event: a Cut It Out 2019 Geofilter was created for a day's usage with event goers invited to create photographs overlaid with the "Cut It Out 2019 – Croydon Unites Together – Tackling knife crime" image. This proved particularly successful in spreading brand awareness.



The BME Mental Health Community Development Workers (CDW)

Our BME Mental Health Community Development Workers (CDWs) work towards empowering Croydon's community members to contribute to the development of culturally appropriate, and responsive, mental health services. Within the Croydon BME Forum, their focus is on Working Aged Adults (25-55) and Older Aged Adults (55+). The CDWs action this through:

Facilitating consultations and focus groups targeted at BME participants

- Providing mental health training to local BME-led organisations
- Organising events, conferences, and reports that address BME-specific, health and wellbeing concerns
- Representing the BME community within statutory-led committees and working groups, ensuring the needs of BME communities are met when commissioning and delivering mental health services

Below are a selection of pertinent projects our CDWs organised, and led on, during the past year.

1. Dementia Action Week (20th – 26th May, 2019)

Dementia Action Week was devised by the Alzheimer's Society, and acts as a national event that aims to improve the livelihoods of those living with dementia. To mark this event, we delivered various '**Dementia Awareness**' sessions within the South Norwood and Thornton Heath libraries, as well as at the Jagruti Women's Group. These sessions were held for the community to learn more about the signs, symptoms, and local support available for dementia.

Further, we organised a '**Dementia Carers**' event within Haslemere Hall. This event was aimed at family, friends, and carers of those with dementia. The Lead Dementia Nurse at Croydon University Hospital attended and spoke with attendees. Participants were also treated to a hand massage and a brief exercise session. In total, we had 35 attendees. The Older Adults CDW also worked in partnership with South London and Maudsley NHS Trust. They encouraged members of the Croydon BME Forum to provide their feedback for a leaflet, aimed at encouraging the community to seek support for family members who may be dealing with memory problems.

2. Shop and Talk: More Than Food (Thornton Heath)

The 'Shop and Talk' initiative is a weekly shopping bus service, which transports its members from their homes to the local grocery store. This service is solely available to older adults (55+). After completing their weekly shopping, they are then treated to refreshments (i.e., teas, coffees, baked goods) in the shops' café. It has recently started, and its popularity is growing swiftly. Although this initiative is only available in Thornton Heath, we are already thinking of expanding our reach to other areas of Croydon.

Our Older Adults CDW has worked hard on all aspects of project coordination and management. They have liaised with the minibus company and older shoppers, recruited volunteers, and worked on the initiative's promotion.

3. The Barbershop Workshop

In association with the Croydon BME Forum and Off The Record, and in line with Parchmore Medical Practice's social prescribing project, the BAME Barbers Network are supporting their Croydon clientele to improve the detection, and management, of high blood pressure. This initiative was inspired by a similar outreach programme called 'The Black Barbershop', which was conceived in the United States. This initiative has successfully screened over 30,000 African American men for high blood pressure and diabetes.

Currently, the partnered barbershop staff are receiving formal training as 'Blood Pressure Champions'. This means they will be able to offer free checks to all Black, Asian, and minority ethnic adult men who attend for a haircut. The risk to these ethnic groups of developing high blood pressure can be higher than their White counterparts. By basing this initiative in barbershops, those who may not visit their GP regularly can have their blood pressure measured in a informal environment, and any issues can be reported sooner.

4. The Fathers Network

This project supports fathers by offering advice, guidance, and teambuilding exercises. Various outreach activities were designed to enable the fathers to hold periodic meetings in-person. Over the past year, we successfully held a screening of the film 'Resilience'. This film was made to raise awareness of Adverse Childhood Experiences (ACEs), traumatic incidents in early childhood which can heavily affect future health and wellbeing. Following the film showing, a mental health professional discussed the concept of trauma-informed approaches in supporting young people. This was a great event, where the fathers could learn more about developing positive skills as parents.

5. Events We Loved

Our Mental Health Community Development Workers attended a variety of events throughout the year, all improving their understanding of local community issues. Below are just a few events they contributed to, and enjoyed:

- Empowering Tamil Families to promote Dementia Sessions
- Community Fund Event
- Active Ageing Workshop
- Fraud Smart Session
- (BME) Grassroots Partnership Event





BLACK HISTORY MONTH 2019

During October 2019, for Black History Month we worked with some of our partners to put on 14 different events all over the borough, but predominantly in North Croydon.

Ranging from the launch of Black History month held at Crystal Palace football ground (which attracted over 100 people) to entrepreneurs, apprenticeships, celebration of BME Women, education and the Surrey Street Small Business Showcase, our projects were diverse and celebrated not only black history, but current successes and the black people of the future.

A full list of the projects we put on:

- **The Launch of Black History Month 2019** with Croydon Council and the Palace for Life Foundation.
- **Sounds of Croydon** with the Churches of Croydon.
- **Raising the Education Achievements** of Young BAME people in Croydon.
- **“Change the Method, Change the Outcome”** – A BHM and World Mental Health Day event with Off the Record.
- **16+ Apprenticeship** Event with Croydon Apprenticeship Academy.
- **“If Only Hair Could Talk”**, a BME hair event with Lorna Jones
- **Intergenerational Event** with John Ruskin College, Croydon Commitment and the Manju Shahul-Hameed Foundation.
- **“Perfecting Your Pitch”** - with BTEG.
- **Young Business Entrepreneurs** event with Croydon College, Coulsdon College and Croydon Council
- **Black Women’s History – What’s Her Story?**
- **Surrey Street Market Showcase** celebrating local/small Black business owners and entrepreneurs, with Croydon Council.
- **“Realise and Ignite Your Potential”** – An interactive workshop with Real Talk Mentors and Inspiration Youth Call.
- **“Community Leaders Past, Present and Future”**.

Black History Month 2019



Future Plans

Despite the current economic downturn brought on by Covid-19, the BME Forum has expanded over the past 12 months with further growth expected as we tackle inequalities amongst other issues faced by the BME community.

Our work with the NHS and CCG will expand over the next 12 months, with anticipated projects such as The Mental Health Wellbeing Hubs, The Mental Health PICS and the increasingly important Community Development Workers. We expect our work around the Long-Term Conditions Project and our Experts Patients Project to expand successfully in the next year.

We opened our Wellbeing Centre in February 2020 and plan to funnel more attention and care into this new project. We will be bringing in more trained staff and solutions to enable the community to feel safe and make everyone feel welcomed to come into the building and converse with us.

The BME Forum will be expanding its team over the coming year. We hope by bringing in new staff, we will open new avenues and bring in creative ideas to help us tackle more issues that affect the community.

In the coming year we plan to create new partnerships and continue our partnership work with organisations such as SLAM to reach our goal of breaking down barriers surrounding racial inequality. We will continue our partnerships with schools and colleges to help young people gain work experience; expanding our work to help the new generation gain valuable experience. We also plan to continue to work with the police and the statutory sector to combat issues around knife and gun crime.

A few projects/events we plan to host this year:

- Croydon Has Talent
- CUT It Out
- Black History Month - R.I.D. The Stigma for which we have received funding for the first time ever.
- Young Business Entrepreneurs Event
- World Mental Health Day
- Apprenticeship Event
- Intergenerational Care Event

In January 2020, we won funding from Croydon Council to continue our infrastructure and capacity building work, as well as funding for a Partnership Coordinator to recreate our Partnership Forums.

Finally, with the start of lockdown brought on by Covid-19, we foresee a switch to virtual working. We have begun exploring the Zoom platform with a view to offering online workshops and support groups for the most at-risk members of our community.



Funding

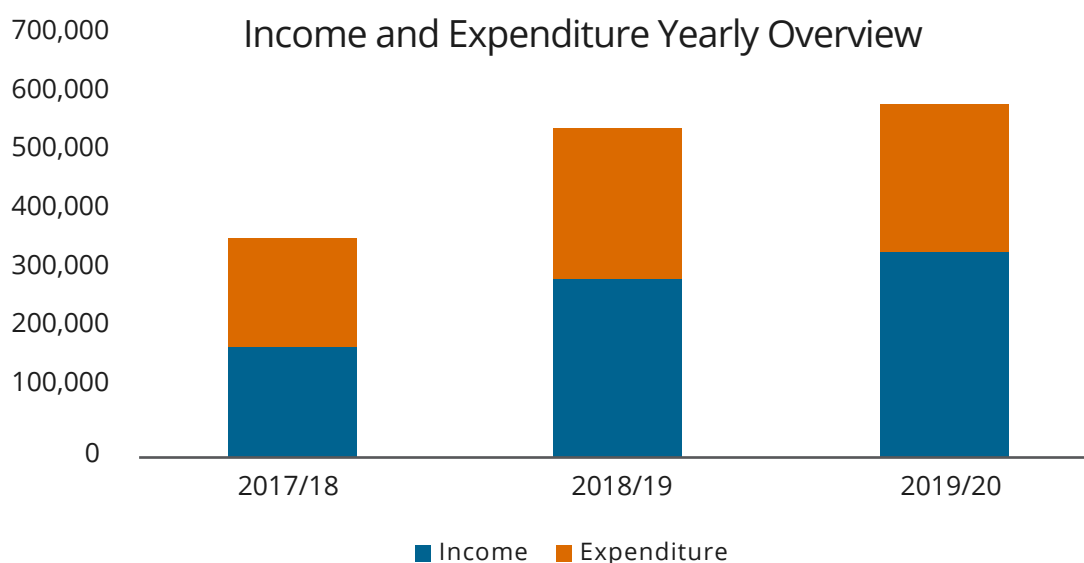
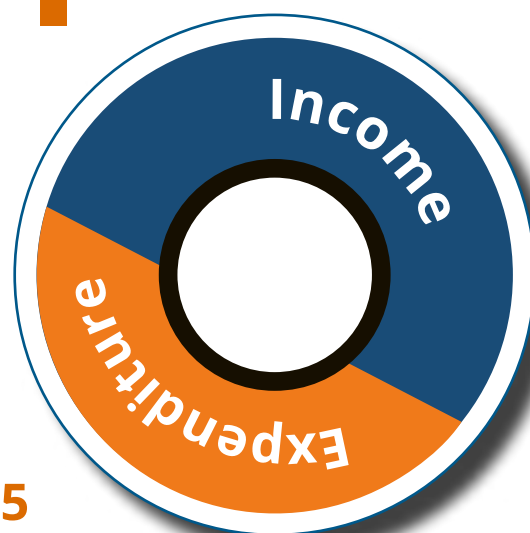
Croydon BME Forum received income from Croydon Council and Croydon Clinical Commissioning Group (CCG). This helped us with staff salaries, overheads and other charity expenditures throughout the year.

Total Income: £301,841

| | |
|---------------------------|----------|
| London Borough of Croydon | £132,012 |
| Croydon CCG | £78,800 |
| Hall Rent | £21,295 |
| Donations | £20,000 |
| MOPAC | £49,734 |

| | |
|---------------|----------|
| Staff Costs | £165,988 |
| Overhead | £43,688 |
| Project Costs | £73,984 |
| Depreciation | £575 |

Total Expenditure: £284,235



Our Thanks

Our Funders

Our continued success would not be possible without the funding we receive from organisation to initiate our projects. This year, we have received support from many organisations who share our vision in creating better communities for our clientele.

- Croydon Clinical Commissioning Group
- Croydon Council
- Croydon Council Local Voluntary Partnership
- Croydon Councillors Ward Budget
- MOPAC
- Postcode Lottery
- SLaM
- The Whitgift Centre

Our Partners

While our funders are important in order to create projects for the local community, the delivery of said projects would be impossible without the help and support we receive from our many partners. The following organisations have worked with us over the past 12 months:

- Asian Resource Centre of Croydon
- Black Training & Enterprise Group
- Croydon Neighbourhood Care Association
- Croydon Voluntary Action
- Diabetes UK
- HealthWatch
- Metropolitan Police
- Off The Record
- Race Equality Foundation
- Victim Support



Our Thanks

We'd like to thank a number of people who have assisted us throughout the year. First and foremost, to our board of trustees, who continue to support our endeavours, and offer valuable advice and guidance when needed. Also we'd like to take the opportunity to thank the staff, without whom our many projects would not be possible. The team goes above and beyond to ensure the clients get the best support possible.

Trustees

- Paulette Lewis Chair
- Ashok Kumar Vice Chair
- Chandra Babu Treasurer
- Vivienne Witter - Secretary
- Patrick Reid- Board Member
- Ghazala Mirza - Board Member
- Malti Patel - Board Member

Staff

- Andrew Brown - Chief Executive
- Gifty Nmaju - Finance and operations Manager
- Nadine Windley - Communications Officer
- Anna D'Agostino- Community Development Worker
- Lee Townsend - Community Development Worker
- Naciza Masikini - Community Development Worker
- Donna Hagen - Project Administrator MOPAC
- Helen Sanson - Trainer Employability programme
- Debi Roberts - Trainer Employability programme



Volunteers



Board Members

Our Projects

INTERNATIONAL WOMEN'S DAY INTERGENERATIONAL COMMUNITY EVENT FREE



14th March 2020 12 - 5pm

Join us for a fun-filled health awareness event in celebration of International Women's Day. We will be promoting health and wellbeing for all ages with classes and workshops.

Workshop • Classes • Yoga • Diabetes talk and More

Braithwaite Hall, Croydon Clock Tower
Katherine Street Croydon CR9 1ET

For more information please contact:
Tel: 020 8684 3719 Email: info@bmeforum.org [Book your space on Eventbrite](#)

CROYDON BME FORUM Delivering for Croydon

FORWARD CROYDON BME FORUM

FREE YOUTH MENTORING TRAINING

Are you aged 18-30 living in Croydon or surrounding boroughs?

Do you have a passion for the well-being and future of Croydon's youth?

Would you like to be part of the solution that steers our young people away from affiliating with criminality and serious youth violence?

If this is you and you can commit 2 hours per week to supporting and nurturing a young person, join our FREE training session today

Date:
Wednesday 5th February 2020
Time:
6pm to 9.30pm
Venue:
Centre of Change,
111 Chertsey Crescent,
New Addington CR0 0DH

Register On [Eventbrite](#)

For more information call Sarah or Diane on 07758702452. Email centreofchangeproject@hotmail.co.uk

MOPAC Centre of Change CROYDON BME FORUM

Play Place, Croydon BME Forum in partnership Free NEW LOCATION

KNOWLEDGE, UNDERSTANDING AND THE SIGNS TO LOOK OUT FOR

Croydon BME Forum in Partnership with BE Educated will be delivering a series of safety workshops where parents / carers / teachers and the community can explore the chosen topic, where all will be explained by the facilitator giving them the knowledge in dealing with the issue and how and who to speak to in order to get this resolved.

This workshop is on Grooming
(Explored & Explained)
(Explored & Explained)

Workshops to follow:
Stop & Search
(Explored & Explained)
County lines
(Explored & Explained)
Gangs
(Explored & Explained)

Free refreshments

Date: Monday 13th January 2020
Time: 6.30 - 9.30pm
Location: 21 Wayside Fieldway New Addington CR0 9DX

For more info: Email: info@bmeforum.org Ph: 02086843719 Instagram: @croydonbmeforum

BLACK HISTORY MONTH 2019 New stalls Added

Surrey Street Market
Celebration of Black History Month

Saturday 19th October 2019
10 am - 4 pm
Surrey Street Market, Croydon CR0 1RG

Join us in Celebrating Black Businesses Owners and Entrepreneurs.
A chance for you to support local businesses

CROYDON Delivering for Croydon CROYDON BME FORUM

Rap Battle • DJ Sound Clash • 8 Charity football games
• Workshops • Football Challenge in Fan Zone

CUT IT OUT
Croydon Unites together

Doors open 10.00am Finishes 5.00pm
Saturday 25th May 2019
Crystal Palace Football Club
Whitehorse Ln, Selhurst, London SE25 6PU

Special guest appearance by
Roger Samuels (The Voice 2019)
and from Croydon Has Talent Albert, Amare and Karson

Order your free tickets at Eventbrite
www.eventbrite.co.uk

For more info visit www.cutitout2019.co.uk
Tel: 0208 684 3719 Email: info@cutitout2019.co.uk [Twitter](#) [Facebook](#) [Instagram](#)

INTERNATIONAL WOMEN'S DAY COMMUNITY EVENT
GENERATIONAL EQUALITY DROP - IN

Join us for an event filled of fun and health awareness activities. In celebration of international women's day, promoting health and wellbeing across all ages. Light refreshments, fitness class and free health checks will be provided.

14.03.2020
12 - 5PM
BRAITHWAITE HALL
CROYDON CLOCKTOW
KATHARINE ST,
CROYDON CR9 1ET

CROYDON Delivering for Croydon CROYDON BME FORUM

KNOWLEDGE, UNDERSTANDING AND THE SIGNS TO LOOK OUT FOR Free

Croydon BME Forum in partnership with BE Educated will be delivering a series of safety workshops where parents / carers / teachers and the community can explore the chosen topic, where all will be explained by the facilitator giving them the knowledge in dealing with the issue and how and who to speak to in order to get this resolved.

This workshop is on Drugs and Young People
(Explored & Explained)
(Explored & Explained)

Workshops to follow:
Stop & Search
(Explored & Explained)
County lines
(Explored & Explained)
Gangs
(Explored & Explained)

Free refreshments

Date: 18th March 2020
Time: 6.30 - 8.30pm
Location: 56a Mitcham Road, Croydon, CR0 3RG

For more info: Email: info@bmeforum.org Ph: 02086843719 Instagram: @croydonbmeforum

FORWARD CROYDON BME FORUM

Ready, Steady, GO!

When did you last stop to really think about your life?

Are you really where you want to be?

Would you like to grab hold of your life and live it your way?

Ready, Steady, Go! is a 12-week personal development course written specifically for women by women to renew your career and your life.

Spend quality time with like-minded women and being inspired through discussion and reflection.

We welcome all women, however, if you're over 50, alone parent, disabled, unemployed or a carer this course is especially for you.

We meet every Tuesday from 10am - 2pm

The Wellness Centre,
Whitgift Centre
First Floor, Unit 1040/42
Croydon CR0 1TY

For more information and to register please contact:
Tel: 020 8684 3719
Email: info@bmeforum.org
Book your space on Eventbrite

FORWARD CROYDON BME FORUM

Support black businesses this Christmas

The Voice Black Business Fair 2019
Saturday 7th December
Fairfield Halls Croydon (New Venue)
10am - 6pm

Free Entry
Park Lane, Croydon CR9 1DG

Clothing | Jewellery | Children's Toys | Book Fair
Hair & Beauty | Professional Services | Health Products
Cakes & Drinks and much more...

Supported by **CROYDON BME FORUM**

For your free ticket, register on: thevoiceblackbusinessfair2019.eventbrite.co.uk
To enquire about a stall, email: blackbusiness@thevoiceblackbusinessfair.co.uk
For information visit: www.thevoice-black.co.uk
or call 0207 590 0399 | 0202 | 0207 mobile: 07972 442 11

Our Projects

Support black businesses this Christmas

The Voice Black Business Fair 2019
Saturday 7th December
Fairfield Halls Croydon (New Venue)
10am - 6pm

Free Entry
 Park Lane, Croydon CR9 1DG

Clothing | Jewellery | Children's Toys | Book Fair
 Hair & Beauty | Professional Services | Health Products
 Cakes & Drinks and much more...

Supported by
 CROYDON BME FORUM

For your free ticket, register at: thevoiceblackbusinessfair2019.eventbrite.co.uk
 To enquire about a stall, email: blackbusiness@thevoicebmeforum.co.uk
 For information, visit: www.voice-online.co.uk
 or call 0207 810 3191 | 0303 | 0370 mobile: 07572 442 11

London Road Croydon's Carnival of Cultures

FREE TO ATTEND

28 JULY LONDON ROAD, WEST CROYDON, CR9 1UG
11:00AM - 5:00PM

UK Apache

TO ATTEND: CROYDON | Delivering for Croydon | Arts Council England | Croydon BME Forum | Croydon BME Forum | Croydon BME Forum

Free MEDIATION Information Drop-In service
 Separation & Divorce / Family / Young People / Community / Inter-generational

Starts 11th March 2020
Wednesday 12 - 3pm
 The Wellness Centre
 Whitgift Centre
 First Floor, Unit 1040/4
 Croydon CR0 1TY

In partnership with
First Step Resolve Mediation Service
 and Croydon BME Forum

For more information and to register please contact:
 Tel: 020 8684 3719

ALWAYS IN FASHION

INT'L CONDOM DAY 2020

KwaAfrica | The Wellness Centre | AHF UK | GH Croydon BME Forum

4pm to 7pm, Thursday, 13 February 2020
 @ the Wellness Centre, Whitgift Centre, Croydon
 (first floor, across from Waterstones)

Light refreshments, Valentine's Day treats, music, fun games and FREE condoms and health information will be provided!

freeHIVtest.uk

LAUNCH NIGHT MORE THAN A WOMAN

Join me for the launch Night of 'More Than A Woman' a monthly series of events focusing on the complexity of womanhood in a positive, safe and supportive environment.

Date: Tuesday 17th December 2019 Time: 6-8pm
Location: Amina Malik Gallery, 28 Station Road, South Norwood London SE25 5AG

Women Only, Book on Eventbrite
 Contact: phelen@forcera.org | [@forcera1](https://twitter.com/forcera1)

Free MEDIATION Information Drop-In service
 Separation & Divorce / Family / Young People / Community / Inter-generational

Starts 11th March 2020
Wednesday 12 - 3pm
 The Wellness Centre
 Whitgift Centre
 First Floor, Unit 1040/4
 Croydon CR0 1TY

In partnership with
First Step Resolve Mediation Service
 and Croydon BME Forum

For more information and to register please contact:
 Tel: 020 8684 3719
 Email: Wellness@bmeforum.org

READY, STEADY, GO! PROGRAMME

ARE YOU OVER 50, A WOMAN AND FROM A MINORITY BACKGROUND?
ARE YOU UNEMPLOYED?
DO YOU WANT TO FEEL EMPOWERED?

Designed for minority women over 50, the Ready Steady, Go! programme is a free 6 week rolling course with ongoing coaching and careers guidance to help you take control of your life.

As a small group of like-minded women you will be learning from each other and working together to become empowered and take your next steps. Whether you need support to gain employment, start training or launch your own business, there will be a right route for you.

PROGRAMME:
 Ready, Steady, Go!

Rolling start dates from September 2019 through to 2020.

Times:
 10am - 2:00pm

Location:
 Croydon BME Forum
 25a Mitcham Road, Croydon, CR9 3RG

We particularly welcome lone parents, carers and women with disabilities.

For more information and to register please contact:
 Tel: 020 8684 3719
 Email: info@bmeforum.org
 Book your space on Eventbrite

FREE YOUNG BUSINESS ENTREPRENEURS EVENT

BLACK HISTORY MONTH 2019
Guest Speakers
 Claudine Reid MBE
 Former Cabinet Office Social Enterprise Ambassador
 Jordan Harry CEO
 "Storyteller" - Ted Ex Speaker
 Dr Diahann Rhiney BSc
 Founder of Diahann Rhiney Consultancy, Strength With In Me Foundation (UK) Ltd
 Clir Manju Shahul-Hameed
 Cabinet Member Economy and Jobs, Croydon

Date: Wednesday 16th October 2019 Time: 6pm to 9pm
Location: Croydon College Conference Room, CR9 1DX

Join us in Celebrating Young Aspiring Business Entrepreneurs. A chance to meet Black Business Owners and have an insight into the world of work

For more info: Email: info@bmeforum.org
 • Ph: 02086843719 • Instagram: [croydonbmeforum](https://www.instagram.com/croydonbmeforum)

Croydon has TALENT 2019

APPLY NOW

LIVE SHOW FRIDAY 17TH MAY

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