

# BLACK HISTORY MONTH 2025



# EVENTS PROGRAMME

Day/Date	Time	Event title	Venue	Cost	Description
W 1 Oct	1pm	<b>Nigerian Independence Day</b>	Outside Croydon Town Hall, <b>Katharine Street, Croydon, CR0 1NX</b>	Free (RSVP)	<p>You are invited to join The Worshipful, The Civic Mayor of Croydon, Councillor Richard Chatterjee, as he raises the Nigerian flag at the main flagpole outside Croydon Town Hall.</p> <p>Please can you RSVP by noon, Wednesday 1 October 2025 to <a href="mailto:civcmayor@croydon.gov.uk">civcmayor@croydon.gov.uk</a>.</p>
F 3 Oct	1pm	<b>Black History Month Flag raising</b>	Outside Croydon Town Hall, <b>Katharine Street, Croydon, CR0 1NX</b>	Free (RSVP)	<p>You are invited to join The Worshipful, The Civic Mayor of Croydon and Councillor Richard Chatterjee to mark the start of Black History Month 2025. The flag will be raised at the main flagpole outside Croydon Town Hall. They will be joined by Croydon's Race Equality Network, equalities and partners.</p> <p>Please can you RSVP by noon, Wednesday 1 October 2025 to <a href="mailto:civcmayor@croydon.gov.uk">civcmayor@croydon.gov.uk</a>.</p>
F 3 Oct	5:30pm -8:30pm	<b>Black History Month launch event</b>	London Southbank University <b>3 Wellesley Rd, Croydon CR0 2AG</b>	Free (BOOKING ESSENTIAL)	<p>You are invited to join us for an evening ceremony celebrating the launch of BHM. Brought to you by Croydon BME Forum, Croydon Council, LSBU, NHS Croydon and Windrush Generation League Association (WGLA). Expect keynote speakers, live performances, and more.</p> <p><b><i>Tickets available on Eventbrite</i></b></p> <p><b>Contact:</b> <a href="mailto:Info@bmeforum.org">Info@bmeforum.org</a></p>
W 8 Oct	3pm-4:30pm	<b>Young at Heart (BHM)</b>	<p>Zoom</p> <p><a href="https://us02web.zoom.us/j/3852076159">https://us02web.zoom.us/j/3852076159</a></p> <p><b>Meeting ID: 385 207 6159</b></p>	Free	<p>This week we invite a special speaker to join us celebrating this year's Black History Month theme 'Standing firm in power and pride'.</p> <p>Contact 07717002079 to be added to the Young at Heart WhatsApp group</p>
T 9 Oct		<b>Counselling in the Community</b>	Croydon BME Forum, <b>56a Mitcham road, CR0 1LP</b>	Free	<b>TBC: FELISHA</b>

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<b>F 10 Oct</b>	10am-12pm	<b>The Reader</b>	The Wellness Centre, Unit 0440/2, First floor, Whitgift Shopping Centre, Croydon, CR0 1LP.	Free	<p>For this years BHM, The Reader hosts Colin Douglas, author of 'The Caribbean and the Second World War' and 'West Indian Women at War'.</p> <p><b>Get in touch:</b> <a href="mailto:johnbie@bmeforum.org">johnbie@bmeforum.org</a> /</p>
<b>Sa 11 Oct</b>	11am – 2pm	<b>Family Art Day</b>	The Wellness Centre, Unit 0440/2, First floor, Whitgift Shopping Centre, Croydon, CR0 1LP.	Free	<p>Join award-winning artist Sade, winner of the Supermalt Design Your Can 2025 competition, for a creative and educational art workshop. This session celebrates historical heroes through art, offering a fun, engaging environment for families to learn and create together. It's a perfect opportunity to explore heritage and creativity in a welcoming atmosphere.</p> <p>Our Long-Term Conditions coordinator, Desta Pinks will provide free health checks for blood pressure, BMI measurements and Type 2 Diabetes risk assessment.</p> <p><b>Get in touch:</b> <a href="mailto:johnbie@bmeforum.org">johnbie@bmeforum.org</a> / 07923990644</p>
<b>Sa 11 Oct</b>	10am – 5:30pm	<b>Black Vendors Market</b>	Whitgift Centre, Whitgift Square, Croydon, CR0 1LP.	Free	<p>Discover unique products and support local Black-owned businesses at our next Black Vendors Market. The event will be soundtracked by Choice FM London, featuring sets from DJ MP Marcus and Lady Elemental—expect great music and conversation throughout the day!</p> <p>Organised by the <b>Windrush Generation Legacy Association</b></p>
<b>M 13 Oct</b>	4pm - 6:30pm	<b>Intergenerational Cooking Class</b>	Cherry Hub, 171 St James's Road, Croydon, CR0 2BY	Free (BOOKING ESSENTIAL)	<p>Exploring Afro-Caribbean cuisine and its influence on British dining culture today.</p> <p><b>Tickets available on Eventbrite</b></p> <p>Or email <a href="mailto:maame@bmeforum.org">maame@bmeforum.org</a> / <a href="mailto:johnbie@bmeforum.org">johnbie@bmeforum.org</a></p>
<b>Tu 14 Oct</b>	10am– 2:30pm	<b>Intergenerational Care Event</b>	John Ruskin College Selsdon Park Rd, South Croydon CR2 8JJ	Free	<p>An intergenerational care event celebrating Black History Month, bringing together students and elders for a day of pampering, storytelling, and cultural reflection. Hosted at</p>

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				(BOOKING ESSENTIAL)	<p>John Ruskin College, the event fosters meaningful connections across generations while honouring the rich heritage of the Black community.</p> <p><b>To register email:</b></p> <p><a href="mailto:Johnbie@bmeforum.org">Johnbie@bmeforum.org</a></p>
<b>Th 16 Oct</b>	11am -1 pm	<b>Coffee Morning</b>	Croydon BME Forum, <b>56a Mitcham road, CR0 1LP</b>	Free	<p>Join us for a special Black History Month coffee morning to explore what this year's theme means for our community in Croydon. We'll celebrate and reflect on the local figures who best embody this year's message, in a warm and welcoming gathering courtesy of the Croydon BME Forum.</p> <p><b>Get in touch:</b> 07851 132 326 / <a href="mailto:Grace@bmeforum.org">Grace@bmeforum.org</a></p>
<b>Th 16 Oct</b>	6pm – 8pm	<b>An Insight into Systemic Racism</b>	Croydon BME Forum, <b>56a Mitcham road, CR0 1LP</b>	Free	<p>Considering Black History Month, please join us for an engaging event for an opportunity to learn about system changes and race equity in mental health services, delivered by the Director of Kawaida Therapy and the Oremi Centre, Malcolm Phillips.</p> <p>The event will inspire those who work in mental health settings to influence change, provide ways to approach working with systemic racism and break down the disparities that racialised communities experience to discover empowering solutions.</p> <p>Our Long-Term Conditions coordinator, Desta Pinks will provide free health checks for blood pressure, BMI measurements and Type 2 Diabetes risk assessment.</p> <p><b>Get in touch:</b></p> <p><a href="mailto:tanya@bmeforum.org">tanya@bmeforum.org</a> / <a href="mailto:croydoniag@bmeforum.org">croydoniag@bmeforum.org</a></p>

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<b>Sa 18 Oct</b>	10am-4pm	<b>Health and Wellness Day</b>	The Wellness Centre, <b>Unit 0440/2, First floor, Whitgift Shopping Centre, Croydon, CR0 1LP.</b>	Free	<p>Join us for a vital health and wellness event featuring free health checks and expert speakers on diabetes, hypertension, menopause, and prostate health. The day includes discussions on sexual health, mental wellbeing, Windrush stories, and specialised sessions for the immune-suppressed, alongside EDI and maternity support.</p> <p><b>Get in touch:</b> 07562177008 / <a href="mailto:Desta@bmeforum.org">Desta@bmeforum.org</a></p>
<b>M 20 Oct</b>	11am - 1pm	<b>Windrush Claims and Advocacy workshop</b>	The Wellness Centre, <b>Unit 0440/2, First floor, Whitgift Shopping Centre, Croydon, CR0 1LP.</b>	Free	<p>Join us for an insightful workshop on the Compensation scheme. Croydon BME Forum will guide you through the compensation process.</p> <p>It's a great chance to get free support and hear from others with lived experience.</p> <p><b>Get in touch:</b> 📞 07923 990644   📧 <a href="mailto:windrush@bmeforum.org">windrush@bmeforum.org</a></p>
<b>M 20/ Tu 21 Oct</b>	10am – 4pm	<b>Community Mental Health First Aider</b>	The Wellness Centre, <b>Unit 0440/2, First floor, Whitgift Shopping Centre, Croydon, CR0 1LP.</b>	Free (BOOKING ESSENTIAL)	<p>Sign up for the upcoming two-day certified Mental Health First Aider course where you will learn how to support others who are experiencing emotional distress.</p> <p>The training integrates culturally sensitive topics and discussion to give a diverse understanding of how to identify signs of mental health from initial contact to supporting someone towards further help.</p> <p>Delivered by Amanda Townsend, a qualified psychotherapist and Mental Health First Aider trainer.</p> <p>Information about how to join the Croydon Independent Advisory Group and get involved with the Patient Carer Race Equality Framework will be available on the day.</p>

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					<p>Book your free place via Eventbrite. Limited spaces available.</p> <p>Our Long-Term Conditions coordinator, Desta Pinks will provide free health checks for blood pressure, BMI measurements and Type 2 Diabetes risk assessment.</p> <p><b>Get in touch:</b>  <a href="mailto:tanya@bmeforum.org">tanya@bmeforum.org</a> / <a href="mailto:croydoniag@bmeforum.org">croydoniag@bmeforum.org</a></p>
<b>F 24 Oct</b>	10:30 am – 12pm	<b>The Reader</b>	The Wellness Centre, Unit 0440/2, First floor, Whitgift Shopping Centre, Croydon, CR0 1LP.	Free	<p>Raleigh Chiwuta is the Founder and CEO of Dichotic Dilemma Social Enterprise Ltd, which promotes inclusive leadership. A practising MRI Radiographer and Masters student in Ethics and Global Justice, he is also the author of reflective poetic works that explore themes of life and global consciousness.</p> <p><b>Get in touch:</b> 07851 132 326 / <a href="mailto:johnbie@bmeforum.org">johnbie@bmeforum.org</a></p>
<b>Sa 25 Oct</b>	12:30pm – 5pm	<b>The Windrush Generation Legacy Association (WGLA) &amp; Partners Stage Show</b>	Whitgift Centre, Whitgift Square, Croydon, CR0 1LP.	Free	<p>Join us for a celebration of Black History Month through a showcase of music and talent. We invite you and your family to enjoy the event.</p>
<b>Tu 28 Oct</b>	2.30pm & 7.30pm	<b>Film screening: Summer of Soul (PG)</b>	David Lean Cinema Katharine St, Croydon CR9 1ET	£6  (BOOKING ESSENTIAL)	<p>Dubbed 'Black Woodstock', this film resurrects the legendary 1969 Harlem festival with stunning performances that were lost for decades. Screenings for Black History Month in partnership with Croydon BME Forum, tickets £6. (70 seats)</p> <p><b>Cinema enquiries:</b> <a href="tel:02034111243">020 3411 1243</a></p>

## KEY

BLUE = EVENTS TO BE CONFIRMED